

# The Trail MIX

The neighborhood news from Trinity Woods | Issue: December 2022



*Join us for Christmas in the Woods*



## Trinity Woods

Belong. Believe. Become.

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**Christmas In The Woods**

**Seeking Board Members**

**December Wellness**

Holiday Programs, Sing-a-longs  
and Concerts.

**New Neighbors**

Meet Bill and Aneta!

It's the most wonderful time of the year...Christmas in the Woods! The trees will be lit, the halls will be decked, and hot chocolate will be steaming. Mark your calendar for Thursday, December 8th from 6:00 to 8:00 p.m. It will be a night of good holiday fun.

"This year's Christmas in the Woods has some exciting additions," said Irene Brown, Life Enrichment Coordinator. "Also, everyone's favorite, amazing food from the Trinity Woods chefs. There will be so much for everyone to see, taste, experience and enjoy!"

Over the years this has become a tradition for everyone – residents, families, employees. Christmas in the Woods is a campus-wide celebration. In addition to great food at several venues, horse drawn carriages, live music, and the beautiful living nativity, there will also be a candy shop, photos with Santa and Mrs. Claus, and a huge Christmas train display!

"This event is the core of who we are as a community and brings everyone together in a special way," said Steve Dickie, CEO. "Christmas in the Woods is a wonderful way to expand your Christmas traditions."

To purchase an admission wristband, visit the Crestwood Concierge or Holliman Center Receptionist –\$12 members, \$15 guests, and \$7 children ages 3-12. Children under 3 are free. Wristbands will be charged to your member account. For more information call 918.346.6614.



By Weldon Tisdale, Chaplain

# THE TYRANNY OF GIVING

There is a wonder about Christmas as well as a tyranny. There is a wondrous briskness in the air and a rosy glow on the cheeks of early shoppers. There seems a purposefulness in those in the stores, though the planned buying lists of "Thanksgiving Friday" shoppers disintegrate into a mad frenzy by December 24th. Just grab at anything that Uncle Fritz can smile at when he unwraps it, even though no one can think of anything he really wants or needs.

The season also imposes its tyranny on many of us. Instead of being able to give out of thoughtfulness and love, we often give because it is "expected." I heard of one couple who had 85 people they felt obligated to remember with a gift. No wonder the joy of giving falls away to a sort of panicked despair.

So, the question I ponder is - Can we give cheerfully and thoughtfully this Christmas?

Only through cheerful giving can we emulate the great "gift" of Christmas, Jesus Christ. "For God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life." John 3:16, KJV

Jesus Christ the true "gift" gave Himself completely to and for us. While giving is important, it should not overwhelm or overly stress us during this season when Christ should be the focal point.

And so, God gave, not reluctantly or because He was forced by popular opinion, but because He loved. No store-bought gift would do for those He held dear; it must be home-made. Nor was His choice of "gift" an optional trinket for the "man or woman who has everything." He gave the only possession that we did not have and really needed. He did not give a thing or object. He gave Himself - a costly "gift" in the extreme. A gift so expensive that many never comprehend His true worth in their lives.

Herein lies a Christmas mystery. Only by opening the first "gift" may we truly comprehend the real significance of giving and receiving. May this season not capture us in its tyranny but release us in an eager cheerfulness to give.

Adapted from [www.joyfulheart.com](http://www.joyfulheart.com)



**Boston Avenue Christmas Service at Trinity Woods**  
December 22, 2022 at 10:00 a.m.  
Fleming Center

Led by Boston Avenue ministers including Rev. David Wiggs, along with a group of outstanding college-age singers, this meaningful service will include Christmas carols to hear and to sing, Scripture readings and pastoral reflections. All Trinity Woods members, regardless of church affiliation, are welcome to attend this special service. No reservations necessary.



**New Year's Eve Service and Holy Communion**  
December 31, 2021 at 6:30 p.m.  
Fleming Center

This service will be a spiritual and meaningful way to mark the end of the year together and a moment of calm in the midst of the holidays. No reservations necessary.



# TRINITY WOODS SEEKS BOARD NOMINATIONS



Trinity Woods is a mission driven organization and has one purpose. Our reason for being is clear - we serve the Trinity Woods family in the spirit of Christ. Every year we search for people who are willing to dedicate themselves to advancing our mission by serving on the Board of Directors.

**Board members are expected to commit their time, talent, and treasure:**

- The time commitment involves preparing for and participating in a Board monthly meeting.
- The talents of the Board member are called upon as they offer their expertise through involvement in committee work.
- The treasure acknowledges the responsibility of Board members to include Trinity Woods as they make decisions about their charitable giving.



We encourage the Trinity Woods community to submit nominations to the Governance Committee. If you wish to nominate someone, you must fill out the Nomination Form and submit it by Friday, December 16, 2022. Every nominee that is submitted will be reviewed. If they are not selected for this year, the committee maintains a list of prospective Board members for future consideration.

**To receive a Nomination Form, contact Heidi Garrett, at 918-346-6671 or [hgarrett@trinitywoodstulsa.com](mailto:hgarrett@trinitywoodstulsa.com).**

## December Birthdays at Trinity Woods

Donna Jackson.....	1
June Martin.....	2
Judy Stout.....	2
Royce Brooks.....	3
Linda Watts.....	3
Fred Elder.....	4
Ken Tobler.....	5
Norma Dreyer.....	6
Ruth Ann Odom.....	6
Stan Teter.....	8
Thelma "Toots" Rollins.....	9
Bill Shortridge.....	9
Bud Maguire.....	10
Richard Willhour.....	10
Jessica Gledhill.....	11

Ralph Morgan.....	11
Paul Norris.....	14
Al Sowards.....	14
Jane Mansfield.....	15
Mary Anne Pierce.....	15
Buddy Fallis.....	19
Betty Fryrear.....	21
Sandra Canady.....	22
Jo Kirtley.....	22
Babara Doolittle.....	24
Dennis Dorney.....	24
James Nelson.....	25
Jim Davidson.....	28
Iline Mayrose.....	28
Dianne Rodehaver.....	28
Fred Dove.....	29
Adrena Mahu.....	31

## December Anniversaries

Howard and Phyllis Rhodes.....	12/7/2013
Matt and Tellia Watson.....	12/26/1971
Ron and Dixie Bell.....	12/28/1957

# December Events



**Sistema Tulsa Christmas Concert**  
**Saturday, December 3 at 10 a.m.**  
**Fleming Center**  
**No reservations necessary.**

Come enjoy young people from throughout Tulsa who are creating community through music. The Sistema choir and a string and woodwind ensemble will present a Christmas program just for us. Since 2015, Sistema Tulsa has offered rigorous and high-quality music learning programs that are free of charge and accessible to all. Sistema's mission is "to nurture community and improve young people's lives through the practice of music." What a marvelous way to celebrate the season!



**Regent Preparatory School Choir &  
Band Christmas Program**  
**Wednesday, December 7 at 10 a.m.**  
**Community Life Center, Westervelt Hall**  
**No reservations necessary.**

Our stage will be filled with talented young people as first, the band, and then the middle school choir followed by the high school choir from the interdenominational, classical, Christian Regent Preparatory School present a beautiful Christmas program for us. Don't miss this inspiring performance.



**University United Methodist Church**  
**Wesleyan Handbells Concert**  
**Tuesday, December 13 at 7 p.m.**  
**Community Life Center, Westervelt Hall**  
**No reservations necessary.**

Our friends from UUMC, led by Dan and Cathy Call, return to bring us the sounds of the season through beautiful, relaxing bells.



**Christmas Cabaret with Pat Hobbs**  
**Thursday, December 15 at 7 p.m.**  
**Community Life Center, Westervelt Hall**  
**No reservations necessary.**

Local theatre legend Pat Hobbs, who was such a hit in his debut for us this past September, returns with a Christmas cabaret show, accompanied by pianist Cathy Venable. Pat is a consummate and personable performer who is sure to bring us lots of Christmas cheer. Don't miss this special musical evening!





**Regent Prep Pre-K Christmas Program**  
**Monday, December 19 at 10 a.m.**  
**Fleming Center**  
**No reservations necessary.**

Some of the youngest students of Regent Preparatory Christian School will be here to perform for us. Come and share the special delight of little children at this wonderful time of year as they share Christmas music with us.



**Christmas Sing-Along with the Trinity Woods Chorus**  
**Thursday, December 29 at 7 p.m.**  
**Community Life Center, Westervelt Hall**  
**Refreshments to follow.**  
**No reservations necessary.**

Let's wrap up the Christmas season together by joining our hearts and voices in song, led by our talented Trinity Woods choristers. The chorus will perform some songs and ask you to join them on other familiar tunes. What a great chance to continue the celebrations as a community! And we'll have sweet treats after the concert so we can continue the fun.



## BOOK CLUB

By Phylis Rhodes

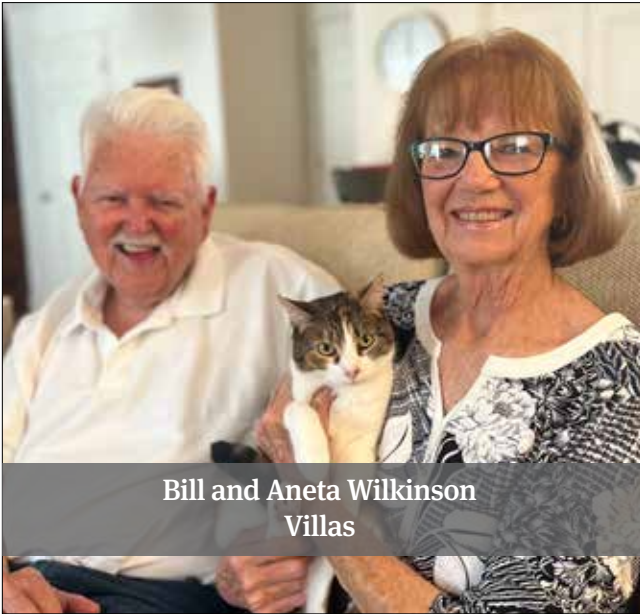
This month's Book Club will be keeping with the holiday theme as we discuss, **The Best Christmas Pageant Ever** by Barbara Robinson. The facilitator will be Dolores Hedger on Tuesday, December 20, in the Fleming Center at 7 p.m.

This laugh out loud bestselling Christmas classic is just what you need to get in the Christmas spirit! **The Best Christmas Pageant Ever** follows the outrageous shenanigans of the Herdman siblings, or "the worst kids in the history of the world."

The siblings take over the annual Christmas pageant in a hilarious yet heartwarming tale involving the Three Wise Men, a ham, scared shepherds, and six rowdy kids. The Herdman kids have been known to lie, steal, smoke cigars, swear, and hit little kids. So, no one is prepared when this outlaw family invades church one Sunday and decides to take over the annual Christmas pageant. None of the Herdman children have ever heard the Christmas story before. Their interpretation of the tale--the Wise Men are a bunch of dirty spies and Herod needs a good beating - has people up in arms.

This year's pageant will definitely be like no other, but maybe that's exactly what makes it so special.

# Welcome to the Woods!



Bill and Aneta Wilkinson  
Villas

## Bill and Aneta Wilkinson - Villas

This month we are thankful for our new neighbors in the Villas, the Wilkinsons and their cat Tinker Bell. Bill and Aneta both grew up in Bristow, OK and attended Bristow High School. They met in speech class in 1959. Bill likes to say, "She was attracted to my motorcycle." They began dating and have been married for 58 years.

Bill received his bachelor's degree in government from the University of Oklahoma and his juris doctorate from The University of Tulsa. He has been an attorney in Tulsa for over 50 years. His main focus was civil trial work as a litigator. He still has a few cases he works on but considers himself officially retired. A fun fact about Bill is that as a teenager, he raced motorcycles and competed in many races across the country.

Aneta attended the University of Oklahoma, where she received her bachelor's in education and her master's degree in special education and elementary education. Aneta taught school for many years and then became an elementary school principal. She retired in 2001. Aneta enjoys reading, crossword puzzles and working jigsaw puzzles.

The Wilkinsons have traveled to Disney World over 30 times. They love collecting Disney memorabilia. In fact, they love Disney characters so much their pets have always been named after a Disney character. "We love going with our children and grandchildren. It is so magical." They are excited to be in their new home and love how friendly everyone has been.

## Honoring Lucy Annett

Health Center resident Lucille "Lucy" Annett was honored November 5th by outgoing Oklahoma Representative, Carol Bush, House District 70 with a Citation of Congratulations of a life well lived. What a special day of celebration for Lucy and her family!



## HAVE YOU CONSIDERED YOUR LEGACY?

Consider including Trinity Woods in your will or trust. We invite you to join Tin Man Society donors who have shared their plans to leave a legacy planned gift. A legacy gift, will allow Trinity Woods to continue to help serve people in the spirit of Christ.

If you would like to know more about this, please contact Bonnie Polak.

- (918) 346-6639
- [bpolak@trinitywoodstulsa.com](mailto:bpolak@trinitywoodstulsa.com)
- [trinitywoodstulsa.planned.gifts](https://trinitywoodstulsa.planned.gifts)





# December STARS Employee of the Month

## Mandie Marler- LPN, Holliman Center



*Mandie Marler*

- » **Start Date:** August 2013
- » **Born and Raised:** St. Lucia, Caribbean
- » **Education:** Connors State College
- » **Wanted to be as a Kid:** Veterinarian
- » **Favorite Sport:** Soccer
- » **One Meal Forever:** Tacos
- » **Described by Friends:** Funny but reserved
- » **Hobbies:** Reading
- » **Favorite Holiday:** Christmas
- » **Favorite Quote:** "We got this!"
- » **Family Recipe:** Curry Chicken
- » **Collects:** Sunglasses
- » **Fun Fact:** Plays the piano
- » **What her supervisor says:** "There is no doubt that the residents are treated like family when Mandie is working. Mandie goes above and beyond to ensure her residents are doing well, whether they are in the hospital or in our Health Center. Mandie is always willing to lend a helping hand to ensure her team's success." – Britani Chappell, Director of Assisted Living



## EMPLOYEE APPRECIATION CAMPAIGN

It is the time of year we all count our blessings –family, friends, our health. It is also the time of year that we say "thank you" to the employees of Trinity Woods. As you may know, our policy at Trinity Woods does not allow employees to accept individual gifts or tips throughout the year, but this time of the year, we actively reach out to our community and solicit donations for the Employee Appreciation Fund. This year the residents of Trinity Woods are leading the charge and inviting you to express your gratitude and give thanks to those special people who are here each day to serve.

Enclosed is an envelope to give to this fund. It's not too late. Please consider a gift to express your gratitude for the wonderful Trinity Woods Team.



### Trinity Woods Leadership Team

**Steve Dickie**  
Chief Executive Officer

**Dennis Graham**  
Chief Operating Officer

**Bill Peterson**  
VP of Human Resources

**Bonnie J. Polak**  
VP of Philanthropy and  
Community Engagement  
and Editor

**Jacob Will**  
VP of  
Health Services

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[TrinityWoodsTulsa.com](http://TrinityWoodsTulsa.com)

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## **COME ENJOY OWEN PARK!**

We recently dedicated the newest outdoor space on the Trinity Woods campus, Owens Park. This area was made possible with a gift from the Owens Family and many others who donated to provide trees and benches. The park features a lighted walking trail, fountain and in the near future outdoor fitness equipment. Owens Park is not only a blessing to current residents and their families, but will be a blessing for many years to come.